Reflections on . . . Commitment to Learning

- ◆ Do I believe I can learn anything if I set my mind to it? What kinds of things are easy for me to learn? What kinds of things are harder?
- ◆ Do I read for fun and learning, or just because I have to? Do my parents read for fun? Did my parents read to me when I was a young child?
- ◆ Do I ever read out loud? Do I ever wish someone would read aloud to me?
- ◆ Is learning only important because it helps me get good grades?
- ◆ Do I do well at school and/or at my job? Do I want to do well at school and/or at my job?
- ◆ Do I like my school or workplace, or do I just tolerate it or put up with it? What kinds of changes would help me like it more?
- ◆ What is the best way for me to learn? Do I like to see something, read about it, do it, hear about it, practice it? Do I like to learn alone or with other people? Do I like to figure it out myself or be told about it first? How can I find out more about my learning style?
- What kinds of books do I like the best? What kinds of books have I never read before? What kinds of books would I most like to write?
- ◆ What kinds of things am I good at? Athletics and dance? Organizing? Playing music? Making jokes? Building a great vocabulary? Doing math? Memorizing facts? Fixing cars? Working on computers? Baking fancy desserts?

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